



After School Gymnastics Club at St Mary's CE Primary School

Dear Parents,

After school gymnastics club starts Wednesday 11th September 2019 and will go on every Wednesday for 11 weeks. The **last** class will be Wednesday 27th November 2019.

Gymnastics is essential in order to develop great co-ordination, balance, flexibility and strength. Each lesson will be structured to cover all core skills and basic moves necessary for the development of a good gymnastics technique.

When do the classes take place?

The classes will be held every **Wednesday** straight after school from **3.20 to 4.20** from Wednesday 11th September until Wednesday 27th November in the Hall. Classes will be taken by gymnastic coach Sylwia, qualified by British Gymnastics, and with full First Aid training and CRB check. **Children must be in full PE kit with no jewellery and hair tied back,** and are welcome to bring a drink and a light snack.

We will have 11 lessons for a total of £77.00. Please fill in the form below with cash or a cheque to **Sylwia Nikorowska** and come in on **sign up day Thursday 5th September**; places will be given on a first come first served basis with a strict number of 20 children. I am very much looking forward to working with the children at St Mary's CE Primary.

ALL PAYMENT MUST BE RECEIVED IN FULL BY THE 1ST CLASS

Sylwia

For further information please contact Sylwia **07971 931806**

BOOKING FORM – Gymnastics Autumn 2019

Name of child _____ Class _____

Medical condition (if any) _____

Telephone _____

Emergency tel. if different _____

Parents Name _____

I enclose £77.00