



PE and Sport Newsletter

Autumn Term 2019



Autumn PE Curriculum

EYFS and Key Stage 1 will start the year with a focus on movement with lots of tagging games and physical challenges. Lessons will be high energy as we try to build up fitness levels as well as develop and improve agility, balance, speed and co-ordination. Reception will start with more basic challenges, circle games and some basic tagging games as they develop the ability to follow instructions and understand how games/rules work in PE. From half term onwards EYFS and KS1 classes will start developing their ability to control a ball through a multi-sport approach. They will use lots of different types of balls and will develop travelling with a ball, controlling a ball, passing and receiving and shooting and aiming.

Key Stage 2 start the year with handball, a rapidly growing sport where the main skills are passing/receiving, shooting/aiming and intercepting. We will then move on to tag rugby, which was hugely popular last year and will build on the skills developed last year and include more mini games. After half term, KS2 will complete a short athletics module to identify children for cross country and indoor athletics events as well as to increase fitness and athletic skills. We will finish the autumn term with football. This will include a range of key skills (passing, dribbling, defending etc) combined with mini teams and games where tactics will be introduced, also improving the children's leadership and teamwork.

Autumn Term Events and Competitions (more details to follow)

- Haringey Primary School Football League starts (Y5/6 Boys team, Y5/6 Girls team, Mixed Y3/4 team)
- Year 5/6 Boys and Girls football tournament to qualify for London Games.
- Cross County for years 3-6 (the highest placed children qualify for the Haringey team)
- Hi-Five Netball tournament at Highgate
- London Games Haringey football play offs
- Year 3-6 table tennis tournament (boys and girls)
- Tag rugby tournament
- U11 Football 'District' trials

We hope to build on an excellent year with our extra-curricular sports clubs, involvement in local, regional and national competitions as well as creating more links to external clubs/sporting opportunities. Below is a list of our extra curricular sports clubs. We will be publishing an external clubs and opportunities poster this year to build greater links with local clubs and sports centres.

Day	Details of all clubs are available on the website and at reception.
Monday	Football (LFA) Years 3 – 6 RG Mixed Basketball (GCA) Years 4-6 (start date tbc) RG
Tuesday	Multi-sports (LFA) Years 3-6 RG Dance (Storm Dance Academy) Years 3-6 RG Mixed Netball (St Mary's) Years 5-6 RG Y1 Football - Church Lane (Reception after half term) CL
Wednesday	Dodgeball (LFA) Years 3-6 RG Girls' Football (St Mary's) Years 5-6 RG Karate (Gift Martial Arts) Years 3-6 RG Gymnastics (Ext. Coach) Years 3-6 RG Y2 Football – Church Lane CL
Thursday	Boys' Football (St Mary's) Years 5-6 RG Gymnastics – Church Lane (Reception to Y2) CL
Friday	Morning running club (St Mary's) RG Mixed Football (St Mary's) Years 3-4 RG Karate (Gift Martial Arts) Years 3-6 RG Primary School's Football League (Haringey) RG Dance (Storm Dance Academy) Reception-Y2 CL